

Awakening Into Kindness

"If we wish to see ultimate truth, yet we have not given rise to loving kindness, it will not be possible to recognize it," says Garchen Rinpoche. What does it mean to awaken? What awareness and actions will bring us more into loving kindness? How do we become complete human beings? Participants will be led in active dialogue, sacred chant and movement, Dances of Universal Peace and meditation as we explore Awakening into Kindness.

October 20-22, 2017

Friday evening 7-9pm

Saturday 9am-5pm & 7-9pm

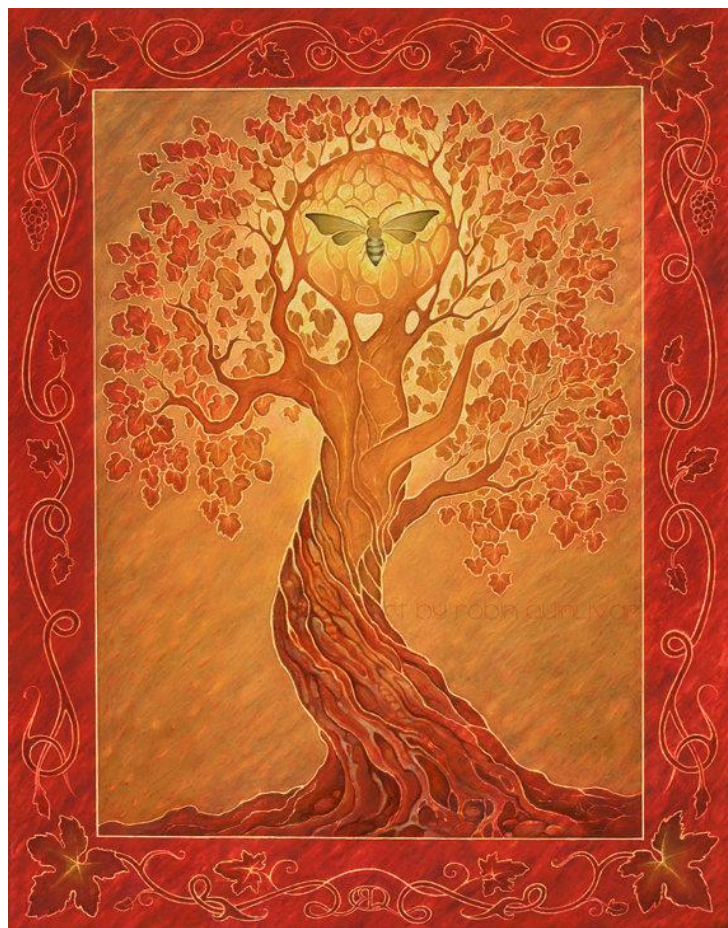
Sunday 8-9am meditation

then 9-4pm

Sat & Sun lunch 12-1:15pm

Please bring your own lunch and meditation pillow.

Coffee, tea and snacks will be provided.



Non-residential. Cost \$50

Skyview School ~ 125 S. Rush Street, Prescott, AZ

For info Call Registrar: Hamida 928-300-1395 or email prescottcircle@gmail.com or call Yaqin at 928-445-6506

Sponsored by the Prescott Dances of Universal Peace

www.prescottcircle.org

