

# *Dancing into Inner Spaciousness:*

## *Insight into Reality*

*November 10-13, 2016*

*Mountain Clubhouse, Prescott, Arizona*



*Murshid Tansen O'Donohoe, a senior Sufi teacher, Dance mentor and leader from England, is a mystic in regular guy clothing who is repeatedly described as "understated." He creates a warm atmosphere that invites a deepening into the heart.*



*Come experience a revered Dance leader and mentor who has helped develop and expand the Dances of Universal Peace worldwide. Interwoven into the retreat will be practices to open into Pure Awareness that use concentrations on sound, breath, heart, mind and body taken from the Vigyana Bhairava Tantra, an ancient text from the Shiva tradition.*

*Suggested Donation \$195 (includes lunch)*

*Registration: [barakatchb@gmail.com](mailto:barakatchb@gmail.com)*

*More information:*

*[www.prescottcircle.org](http://www.prescottcircle.org)*

