

Two Residential Retreats with Murshid Wali Ali – March 26-31, 2016

Ride the waves of unity as the caravan assembles at Easter this spring in Prescott, AZ to feast on the masterful teachings of Murshid Wali Ali in two residential retreats. Begin by exploring the Breath of Life during a weekend retreat, then dive into a wazifah sesshin "Exploring the Divine Within" from Sunday evening through Thursday noon. Both retreats will take advantage of this rich time of year to invoke and contemplate the great healing love, surrender and light found in the consciousness of Christ.



The Breath of Life, March 26-27

The study of breath is at the very core of the whole inner school of Sufism. We will focus on a spectrum of Sufi teachings and practices that utilize realization of the breath as the vehicle for accomplishment on the spiritual path. These practices may include meditation focusing on the breath, walking concentrations and attunements, contemplation using wazaif, and of course Dances of Universal Peace.

Exploring the Divine Within - Wazifah Sesshin, March 27-31

with Maboud Swierkosz, Tara Andrea & Tawwaba Bloch

A new approach to the study of the Beautiful Names of God (wazaif) has been developed that has proven to be both elevating and balancing, bringing great joy and great peace.

Wazaif have been selected to cultivate an intentional flow of heart-deepening practices that we will embody through Wazifah Dances. Each Dance will be followed by a period of sitting fikr (contemplation on the breath) focusing on the Names that have been introduced in the Dance.

The afternoon solo practice period provides an opportunity to more deeply explore wazaif that were offered in the morning. Wali Ali will be available for drop-in interviews.

During this time together we will be on interpersonal silence to support inner contemplation and respect for the process we are engaged in. We are delighted to have Maboud Swierkosz and Tara Andrea share the Wazifah Dances they so skillfully crafted.



Contact Barakat • barakatcb@gmail.com • 928-717-2017

**Murshid Wali Ali in Prescott, March 26-31, 2016
Registration Form**

Name _____
 Address _____
 Phone # _____
 email _____
 Emergency Contact name & phone # _____
 Diet Preference: Regular Vegetarian Vegan Gluten-Free
 Other: _____
 Ride Needed (date/from): _____
 Ride Offered (date/from): _____
 Roommate preference if double room: _____
 Room Preference: Upstairs Downstairs Handicapped Quiet

The Breath of Life (weekend retreat) March 26-27

Single Room	Double Room	Commuter	Enclosed
\$210	\$180	\$135	

Exploring the Divine Within (wazifah sesshin) March 27-31

Single Room	Double Room	Commuter	Enclosed
\$550	\$445	\$210	

**BOTH Weekend Breath Retreat AND Wazifah Sesshin
March 26-31, 2016**

Single Room	Double Room	Commuter	Enclosed
\$735	\$599	\$305	

Fees for the sesshin are carefully calculated based solely on expenses.
 All compensation for teachings comes from dana (heart donations).

Mail your registration form with \$200 deposit to hold your sesshin space. Weekend only pay in full.
 Full payment must be postmarked no later than February 15, 2016.
 Cancellation: Full refund minus \$30 admin. fee if informed by Feb. 15.
 After Feb. 15, refunds only if your place is filled.

Make check payable to C. Bryan and mail to 2375 Mendiburo Way, Prescott, AZ 86305.
 Questions? Email Barakat at barakatcb@gmail.com or call 928-717-2017.